

# ANALYTICAL STRATEGIES FOR STEROID ANALYSIS IN WATER AT SUB PPT LEVELS

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LABORATOIRE D'ÉTUDE DES RÉSIDUS ET CONTAMINANTS DANS LES ALIMENTS  
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## INTRODUCTION

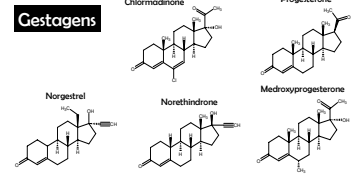
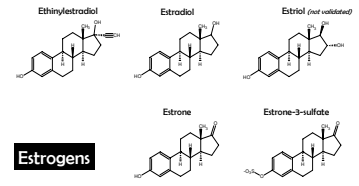
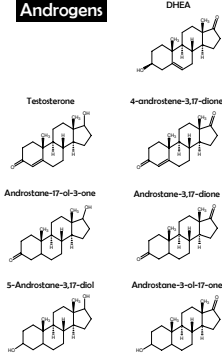
The occurrence of steroids in aquatic environment and their effects on normal endocrine function in aquatic organisms have been subjects of current concern. Several studies have shown that also birds, reptiles and mammals in polluted areas undergo alterations of the endocrine-reproductive system.

At present, a multitude of chemicals have shown to be endocrine disrupters. Among these, natural and synthetic estrogens are already effective at the lower ng/L. Their efficient control in environmental waters is made possible nowadays thanks to numerous analytical approaches available in the literature. This is the case for estradiol (E2), estrone (E1), estril (E3) and ethinylestradiol (EE2) measurement. Estrone-3-sulfate (E1S) has also to be considered because of its stability in the environment. But less papers are concerned with androgens, gestagens and their phase I and phase II metabolites (in particular E1S).

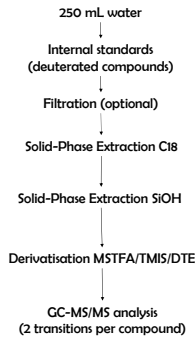
Two analytical methodologies dealing with 29 steroids at low ppt levels, based on isotopic dilution are presented. The first one is dedicated to free steroids using two SPE preparation steps and a GC-MS/MS detection. The second method is focused on estrone-3-sulfate. Identification relies upon 2002/657/EC decision to confirm unambiguously the steroid presence even at ultra-trace levels (<1 ng.L<sup>-1</sup>).

## Compounds of interest

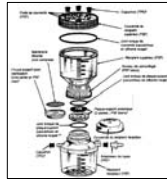
### Androgens



## Analytical strategy for free steroids



### Module of filtration



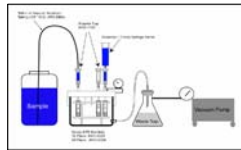
### GC-MS/MS Quattro micro (Waters)



## Analytical strategy for estrone-3-sulfate



### Large volume adaptor on SPE system



### LC-MS/MS Agilent 6410



## Analytical performances in GC-MS/MS

### Monitored steroids in one acquisition run

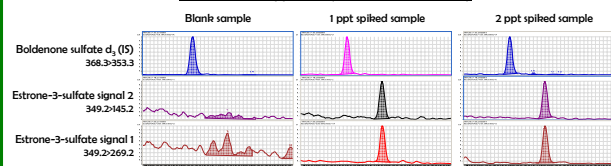
Metabolite	Type	Transition 1 (m/z)	Collision Y1 (V)	Transition 2 (m/z)	Collision Y2 (V)	T <sub>R</sub> (min)
<b>Androgens</b>						
Androstane-17-ol-3-one	19	385.2031	19	386.2031	19	13.02
Testosterone	19	386.2031	19	387.2031	19	13.02
5-Androstane-3,17-diol	19	387.2031	19	388.2031	19	13.02
Androstane-3,17-dione	19	388.2031	19	389.2031	19	13.02
4-Androstene-3,17-dione	19	389.2031	19	390.2031	19	13.02
<b>Estrogens</b>						
Ethinylestradiol	19	391.2031	19	392.2031	19	13.02
Estradiol	19	392.2031	19	393.2031	19	13.02
Estrone	19	393.2031	19	394.2031	19	13.02
Estrone-3-sulfate	19	394.2031	19	395.2031	19	13.02
<b>Gestagens</b>						
Progesterone	19	396.2031	19	397.2031	19	13.02
Medroxyprogesterone	19	398.2031	19	399.2031	19	13.02
Norethindrone	19	400.2031	19	401.2031	19	13.02
Norgestrel	19	402.2031	19	403.2031	19	13.02
Chloradinone	19	404.2031	19	405.2031	19	13.02
<b>Other</b>						
Boldenone sulfate d3	19	406.2031	19	407.2031	19	13.02

### Validated compounds

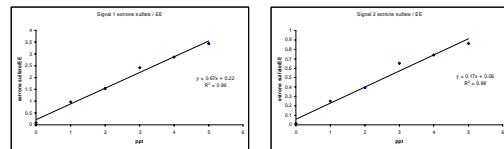
Compound	LOD (ng/L)	LOQ (ng/L)
5β-androstane-3α,17β-diol	19	2.8
5β-androstane-3β,17β-diol	0.7	1.9
5β-androstane-3,17-dione	0.3	0.6
5α-androstane-3β,17β-diol	0.7	9.0
5β-androstane-3α,17β-diol	0.4	0.6
androstosterone	0.1	0.5
5β-androstane-3β,17β-diol	0.3	0.2
etioloanandrolone	0.1	0.2
5α-androstane-3β,17β-diol	1.6	1.8
5α-androstane-3β,17β-dione	0.2	0.6
DHEA	0.2	0.3
epandrosterone	0.2	2.0
5α-androstane-3β,17β-diol	0.9	12.4
5α-androstane-3β,17-dione	0.6	16.2
17β-testosterone	0.1	0.2
17α-estradiol	0.1	0.2
ethylosterone	0.5	0.7
estrone	0.5	1.1
4-androstene-3,17-dione	0.2	0.3
17β-testosterone	0.1	0.3
17β-estradiol	0.1	0.1
norethindrone	0.2	0.3
ethinylestradiol	0.2	0.7
norgestrel	0.4	0.4
progesterone	0.8	1.2
mestrol	0.5	9.2
medroxyprogesterone	0.1	0.2
chloradinone	1.6	1.8

## Analytical performances in LC-MS/MS

### Identification at ppt level (2 transitions monitored)

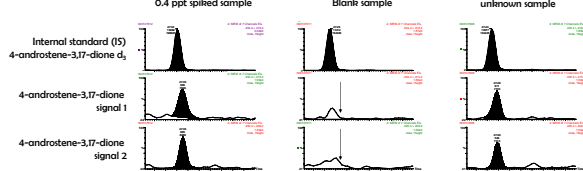


### Linearity 0-5 ppt range on spiked samples



## Unknown samples

### Diagnostic signals

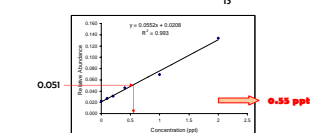


## Illustration with 4-androstene-3,17-dione

### Unambiguous Identification

Metabolite	Spiked sample Concentration (ppt)	Unknown sample Concentration (ppt)
4-Androstene-3,17-dione	0.4	0.35
5-Androstene-3,17-dione	0.4	0.35
Testosterone	0.4	0.35
5-Androstene-3,17-diol	0.4	0.35
Androstane-3,17-dione	0.4	0.35
4-Androstene-3,17-dione	0.4	0.35

### Quantification



## CONCLUSION

Two validated analytical methodologies dealing with 29 steroids at low ppt levels, based on isotopic dilution are presented.

The first one is dedicated to free steroids using two SPE preparation steps and a GC-MS/MS detection. The acquisition is carried out in SRM mode on a Quattro Micro instrument (Waters, two transitions followed per compound). In this way, DHEA, 4-androstenedione, testosterone and their main metabolites (androstenediols, etiocholanolone, androstosterone), estrone, estradiol, ethinylestradiol, progesterone and various contraceptive gestagens are monitored.

The second method is focused on estrone-3-sulfate for which a specific combination between a SPE preparation and a LC-MS/MS detection (Gemini column, Phenomenex, Agilent 6410 LC-MS/MS system) has been developed.

Identification relies upon 2002/657/EC decision to confirm unambiguously the steroid presence even at ultra-trace levels (<1 ng.L<sup>-1</sup>).

These methodologies are currently used for the endocrine disruptors monitoring in water organised in the field of the quadriennial National French Plan for Health - Environment (PNSE - Plan National Santé Environnement) which will be drawing to a close at the end of 2008.